

FIFTY-SEVENTH ANNUAL PALO ALTO JUDO INVITATIONAL TOURNAMENT

Your Judo Club is cordially invited to participate in our Fifty-seventh Annual Judo Invitational Tournament.

DATE: SUNDAY, NOVEMBER 14, 2010. Tournament begins at 10:00 a.m.

LOCATION: Palo Alto High School, 50 Embarcadero Road (See map and directions on the last page).

SANCTION: United States Judo Federation (10-11-12).

ELIGIBILITY: All individuals with current USJF, USJI or USJA membership (**must present card at registration**).
USJA members must show proof of insurance.

ENTRY FEE: \$30 (checks payable to Palo Alto Judo) - **Contestants will be allowed to enter in one division only.**

REGISTRATION TIMES:

| | |
|---------------------------------|--------------------------|
| Junior Division (under 13) | 7:30 to 9:00 a.m. |
| Intermediate Division (13 - 16) | 9:30 to 11:00 a.m. |
| Senior Division (17 & over) | 11:00 a.m. to 12:30 p.m. |

Please note that all competitors and their instructors are required to complete the "Certificate Regarding Non-Black Belt Contestants" on the entry form.

FORMAT: See the following page for the competition format for the various divisions. All matches based on **Matte (Stop Time)**.

MATCH TIME: Juniors: 2 minutes Intermediates: 3 minutes Seniors: 3 minutes Black Belts: 4 minutes

CONTEST RULES: Current IJF Contest Rules modified as follows:

- We will be using the "Golden Score" process for determining winners in a match. Golden score match times are ½ the regular match times.
- Prohibited techniques:
 - No double knee drop seoinage for 12 & under.
 - No shime waza (choking) for 12 & under.
 - No kani basami (flying scissors) in any division.
 - Kansetsu waza (arm lock) are allowed in Black Belt divisions only.
- Any application of the above prohibited techniques will result in a direct Hansoku-make loss in the match.
- A direct Hansoku-make loss due to any of the above prohibited techniques will **not** disqualify the competitor from all remaining matches. However, please note that a direct Hansoku-make loss due to any of the IJF prohibited techniques **will** disqualify the competitor from all remaining matches (direct Hansoku-make loss due to the "below the belt" rule will **not** disqualify from remaining matches).
- If you plan on wearing a blue gi in competition, you **must** also have a white gi to wear as needed. You will **not** be allowed to wear a blue gi on the white side.

SCORING FOR JUNIORS, INTERMEDIATES, AND SENIOR NOVICE DIVISIONS:

Places to be determined by (1) most points, (2) if points are tied, the most wins, (3) if wins and points are tied, with contestants and coaches' consent, head-to-head match if they have not previously met and are within 3 exponents; otherwise the winner of the previous match will prevail, and (4) if the contestants do not wish to compete head-to-head, the contestant with the lowest exponents will receive the higher place.

SCORING FOR BROWN AND BLACK BELT DIVISIONS:

For Brown and Black Belts, the process is the same, except that places are to be determined by (1) most wins, and (2) if wins are tied, the most points. The rest of the tiebreaking procedures are as described above.

POINT SYSTEM: The winning contestant in each match will be awarded points, according to the level of win, as follows:
Ippon – 10 pts. **Waza-ari** – 7 pts. **Yuko** – 5 pts. **Koka** – 3 pts. **Decision** – 1 pt.

AWARDS: Medals for 1st, 2nd, & 3rd places, 1st & 2nd places for 3 man pools & 1st place for 2 man pools.

INFORMATION: Palo Alto Judo Club (650) 960-1361 or email at emil@scoffone.com

OFFICIALS: Meeting will be held at 9:30 a.m.

Referees may wear gray slacks and a white polo shirt in lieu of the standard referee attire.

PALO ALTO JUDO INVITATIONAL TOURNAMENT

Divisions

| | | |
|----------------------|---|---|
| Juniors | Under 7 years old | Will be grouped in pools as close to age, weight, and rank as possible. Parents and coaches will be able examine the division before the competitor competes. |
| | 7-8 years old | Will be grouped in pools as close to age, weight, and rank as possible. Parents and coaches will be able examine the division before the competitor competes. |
| | 9-10 years old | Will be grouped in pools as close to age, weight, and rank as possible. Parents and coaches will be able examine the division before the competitor competes. |
| | 11-12 years old Novice (White, Yellow, Orange) | Will be grouped in pools by weight: Light – Medium – Light Heavy – Heavy |
| | 11-12 years old Advanced (Green, Blue, Purple) | Will be grouped in pools by weight: Light – Medium – Light Heavy – Heavy |
| Intermediates | 13-14 years old Novice (White, Yellow, Orange) | Will be grouped in pools by weight: Light – Medium – Light Heavy – Heavy |
| | 13-14 years old Advanced (Green, Blue, Purple) | Will be grouped in pools by weight: Light – Medium – Light Heavy – Heavy |
| | 15-16 years old Novice (White, Yellow, Orange) | Will be grouped in pools by weight: Light – Medium – Light Heavy – Heavy |
| | 15-16 years old Advanced (Green, Blue, Purple) | Will be grouped in pools by weight: Light – Medium – Light Heavy – Heavy |
| Seniors | Novice (non Brown Belts) | Will be grouped in pools by weight: Light – Medium – Light Heavy – Heavy |
| | Brown | Will be grouped in pools by weight; see below for weight divisions. |
| | Black | Will be grouped in pools by weight; see below for weight divisions. |

Brown and Black Belt weight divisions

| | | | | | | | | |
|---------------|------|------|------|------|------|------|------|------|
| Male | -121 | -132 | -145 | -160 | -178 | -198 | -220 | +220 |
| Female | -97 | -106 | -114 | -125 | -138 | -154 | -172 | +172 |

- Minimum pool size will be 3 competitors.
- All pools will use the round robin competition format. We will make an attempt to give competitors four matches in their pool.
- Divisions may be combined, at the discretion of the tournament committee, to keep age, rank, and weight as close as possible for safety.
- New divisions may be created, at the discretion of the tournament committee, to keep age, rank, and weight as close as possible for safety.
- Brown Belts competing in Black Belt divisions must sign the Black Belt waiver on the entry form.

WARNING!

WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE

In consideration of being permitted to participate in any way, including travel to and from, in any Judo tournament, practice, clinic, and related events and activities ("Activity") of the **United States Judo Federation, Inc., USA Judo/United States Judo, Inc., United States Judo Association, Inc., Central Coast Judo Yudanshakai, Inc., Palo Alto Judo Club, Palo Alto High School, and the Palo Alto Unified School District**, I agree:

1. I understand the nature of Judo activities and believe I am qualified to participate in such Activity. I also understand the rules governing the sport of Judo.

2. I further acknowledge that prior to participating, I will inspect the mats, equipment, facilities, competition pools or divisions, and the elimination or scoring system to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach, supervisor, and/or a tournament official of such conditions and refuse to participate.

3. I acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, illness or disease, including permanent disability or death, and severe social and economic losses due not only to my own actions, inactions or negligence, but also to the actions, inactions, or negligence of others, the rules of the sport of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.

4. Knowing the risks involved in the sport of Judo, I assume all such risks and accept personal responsibility for the damages following such injury, illness, disease, permanent disability, or death.

5. I hereby release, waive, discharge and covenant not to sue the **United States Judo Federation, Inc., USA Judo/United States Judo, Inc., United States Judo Association, Inc., Central Coast Judo Yudanshakai, Inc., Palo Alto Judo Club, Palo Alto High School, and the Palo Alto Unified School District**, together with their affiliated clubs, their respective administrators, directors, officers, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, legal guardians, supervisors and coaches, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessors, and lessees of premises used in conducting the event, all of whom are hereinafter referred to as "Releasees", from any and all litigation expenses, attorney fees, loss, liability, damage or costs on account of injury, illness, disease, including permanent disability and death or damage to property, caused or alleged to be caused in whole or in part by the negligent acts or omissions of the Releasees or otherwise to the fullest extent permitted by law.

I HAVE READ THE ABOVE WARNING, WAIVER, AND RELEASE, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE. I AGREE TO PARTICIPATE KNOWING THE RISKS AND CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR, IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENT/LEGAL GUARDIAN AS EVIDENCED BY THEIR SIGNATURE BELOW. I INTEND THIS TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THAT THE BALANCE, NOTWITHSTANDING SHALL CONTINUE IN FULL FORCE AND EFFECT.

Participant

Participant's Signature

Date

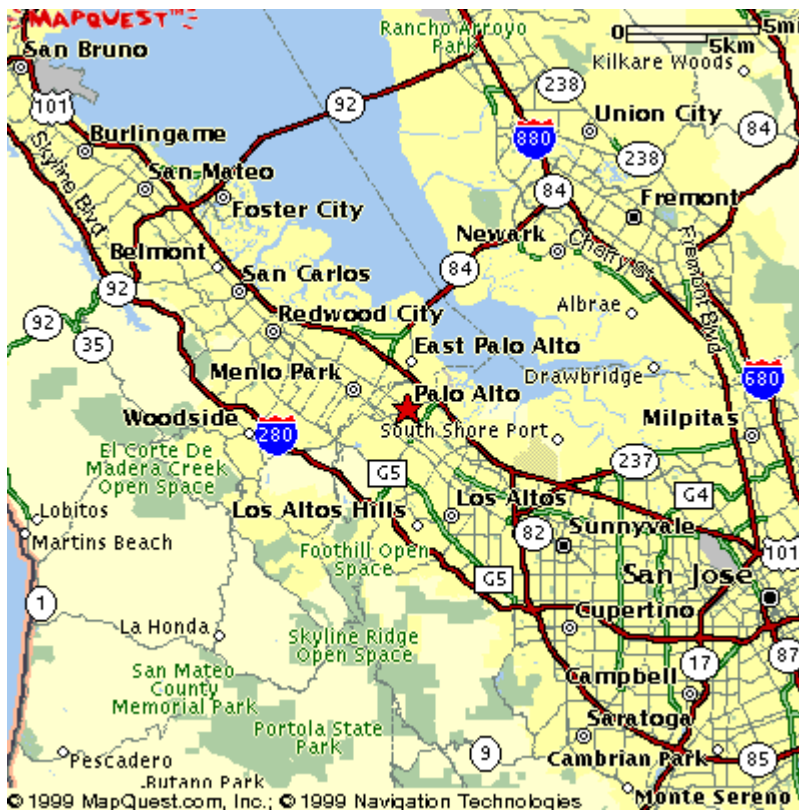
**FOR PARENTS/LEGAL GUARDIANS OF PARTICIPANTS OF MINORITY AGE
(UNDER AGE 18 AT TIME OF REGISTRATION)**

This is to certify that I, as parent/legal guardian with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation including litigation expenses, attorney fees, loss, liability, damage or costs which may incur as the result of the minor child's participation in these programs as provided above, even if arising from their negligence, to the fullest extent permitted by law. I have instructed the minor participant as to the above warnings and conditions and their ramifications.

Parent/Legal Guardian

Parent/Legal Guardian's Signature

Date



1. Exit 101 at EMBARCADERO RD, go West on EMBARCADERO RD.
2. After about 2 miles, you will reach El Camino Real.
3. Make a left at the light on El Camino, heading South on El Camino, then make a left at Churchill.
4. Make a left into the entrance to Palo Alto High School, between the baseball fields on the left and the track on the right. The gym should be visible in front of you, slightly to the left.

