

2010 CAPITAL OPEN

SACRAMENTO JUDO CLUB, INC. 75 Year ANNIVERSARY INVITATIONAL TOURNAMENT

Your Judo Club is cordially invited to participate in the 2010 Capital Open Judo tournament sanctioned by the United States Judo Federation (# 10-10-07). The Sacramento Judo Club, Inc., Hokka Yudanshakai and Sacramento Asian Sports Foundation look forward to your participation.

DATE: Sunday, October 3, 2010 **LOCATION:** Sacramento Asian Sports Foundation
START: 10:00 AM 9040 High Tech Ct.
Elk Grove, California 95758

ELIGIBILITY: All individuals with current USJF, USJI, or USJA registration card (Must present valid card at time of registration) USJA members must also present proof of Insurance. If a contestant is unable to present their valid registration card, he or she will be required to purchase a membership of one of the three organizations at the tournament site. Responsibility for reimbursement of membership fees for those who have previously registered remains that of the individual.

ENTRY FEE: The WALK-UP entry fee is \$30 per contestant, or \$55 for 2 contestants in the same immediate family (Junior & Youth siblings) or \$75 for 3 contestants in the same immediate family. Entry fee is payable at the time of registration. (Checks may be made payable to **Sacramento Judo Club**) If you wish to compete in another division or additional divisions, please see Tournament Director. A \$20 fee will be charged for all returned checks.

REGISTRATION & WEIGH-IN: **Junior and Intermediate Divisions** (5 to 14 years of age) 8:00 AM to 9:30 AM
Intermediate Division (15 & 16 years) and **Masters** (35+ years) Not later than 10:30 AM
Senior Men and Women (17+ years of age) Not later than 11:00 AM

OFFICIALS MEETING: 9:30 AM

FORMAT: Pool system in various age and weight categories to be determined by the Tournament Director to optimize competition and safety. All matches "Stop Time" clock stops on matte.

MATCH TIME: **3 MINUTES JUNIORS, INTERMEDIATES, SENIORS AND MASTERS**
5 MINUTES BLACK BELTS

CONTEST RULES: Current IJF Contest Rules Modified as follows:

1. No *Double Knee Drop Seoinage* will be allowed for contestants 12 years old and under.
2. No *Shime Waza* (choking techniques) for 12 years old and under. If a 12 year old or younger contestant is pooled with 13 years old or older contestants, choking techniques will not be allowed for all contestants in that pool.
3. *Kansetsu Waza* (Joint lock techniques) will be allowed in the Black Belt division only. **Sankyus, Nikyus and Ikkyus** may compete in this division if their black belt Judo instructor signs certificate regarding non-black belt contestants.
4. *Waki Gatame* will not be allowed from a standing position.
5. Injury Rule: Pre-2003 medical rules will be used except for the black belt division.
6. Golden Score will be used if there is a tied. 3 minutes for black belt division and 2 minutes for all others.

SCORING SYSTEM: Places will be determined according to the following criteria, in this order:

1. The most wins;
2. If the number of wins is tied, the most points;
3. If two contestants are tied in wins and points- then revert to result of head to head match; whoever won the match between them will be given the higher place or if the two contestants have not competed, they will be given the option to compete, if the sizes are not that different. If this situation arises and there is a question about this, consult with the Tournament Director;
4. In all other cases not covered by these rules, consult with the Tournament Director.

POINT SYSTEM: **IPPON- 5 PTS., WAZA ARI- 4 PTS., YUKO- 3 PTS., KOKA- 2 PTS., DECISION- 1 PT.**

AWARDS: Each pool will be awarded first, second and third places.

For Further Information or Clarification Contact:

Tournament Director: Mac Takeda at (916) 685-6751 or cell (916) 893-7080

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75 YEAR ANNIVERSARY INVITATIONAL TOURNAMENT

Sunday, October 3, 2010
 Sacramento Asian Sports Foundation
 9040 High Tech Ct.
 Elk Grove, California 95758

OFFICIAL ENTRY FORM

(Please type or print)

This form must be approved and stamped by REGISTRATION before going to weigh-in.

Name			
	(first)	(mi)	(last)
Address			
	(number & street)	(city)	(state & zip)
	___ USJF ___ USJI ___ USJA	Card Number	
		Expiration Date	

Date of Birth		Age	
Sex	__ Male __ Female	Judo Rank (belt color)	
Division (check one)	__ Junior __ Intermediate	Kyu	
	__ Senior __ Master	Dan	

Club/Dojo Name	
Sensei/Coach	
Number of months / years in judo	

Emergency Contact		Telephone #	
Address			

CERTIFICATE REGARDING NON-BLACK BELT CONTESTANTS

[to be completed by all competitors]

I, (name of instructor) _____, a Judo instructor who has been awarded the Judo rank of Shodan or higher, under the auspices of the United States Judo, Inc., the United States Judo Federation, or the United States Judo Association hereby certify that (name of contestant) _____ although not having been awarded the rank of Shodan or higher, is of sufficient aptitude and skill in Judo to complete in the 2010 Capital Open Judo Invitation Tournament.

Signature of Judo Instructor	Print Name of Judo Instructor	Judo Rank	Date

Signatures also required on back

2010 CAPITAL OPEN JUDO INVITATIONAL

COMPETITION DIVISIONS

Anyone over 20 lbs of his/her age group will be placed in the next higher age and weigh group up to 14 years of age.

Boys & Girls Divisions Novice (White/Yellow)

5 to 6 yrs	LW	LMW	MW	MHW	HW
7 to 8 yrs	LW	LMW	MW	MHW	HW
9 to 10 yrs	LW	LMW	MW	MHW	HW
11 to 12 yrs	LW	LMW	MW	MHW	HW
13 to 14 yrs	LW	LMW	MW	MHW	HW
15 to 16 yrs	LW	LMW	MW	MHW	HW

Boy's & Girl's Divisions Advance (Orange/Green/Blue/Purple/Brown)

5 to 6 yrs	LW	LMW	MW	MHW	HW
7 to 8 yrs	LW	LMW	MW	MHW	HW
9 to 10 yrs	LW	LMW	MW	MHW	HW
11 to 12 yrs	LW	LMW	MW	MHW	HW
13 to 14 yrs	LW	LMW	MW	MHW	HW
15 to 16 yrs	LW	LMW	MW	MHW	HW

Men's & Women's Senior Novice Divisions: (White/Green/Blue)

17 & Above	LW	LMW	MW	MHW	HW
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Men's & Women's Master's Divisions

30 to 34 yrs	LW	LMW	MW	MHW	HW
35 to 44 yrs	LW	LMW	MW	MHW	HW
45 to 49 yrs	LW	LMW	MW	MHW	HW
50 +	LW	LMW	MW	MHW	HW

Senior Men's & Women's Brown & Black Belt Divisions

(All non-black belt competitors must complete the non-black waiver form if competing in the black belt divisions)

Men	LW	LMW	MW	MHW	HW
Women	LW	LMW	MW	MHW	HW

Divisions may be combined at the discretion of the tournament committee.

Lodging Locations near 2010 Capital Open Tournament

Comfort Suites (near I-5)

2460 Maritime Drive
Elk Grove, California 95758
916-478-4000

Holiday Inn Express (near Highway 99)

9175 W. Stockton Blvd.
Elk Grove, California 95758
916-478-9000

Fairfield Inn and Suites Sacramento Elk Grove

8058 Orchard Loop Lane
Elk Grove, California 95624
916-681-5400
Toll Free- 1-877-933-5400

Hampton Inn & Suites

2305 Longport Court
Elk Grove, California 95758
916-683-9545

Hilton Garden Inn

9241 Laguna Springs Drive
Elk Grove, California 95758
916-691-1900

Extended Stay America (ESA)

2201 Longport Court
Elk Grove, California 95758
916-683-3753

Less expensive lodging located in Sacramento.